



EMPLOYEE ASSISTANCE PROGRAM

SCAN BELOW TO LEARN



MORE ABOUT OUR EAP

*Feel Better. Get Healthy.
Find Some Balance.*

**FREE, IN-PERSON & TELEHEALTH
COUNSELING & COACHING**

*Aging Parents? Financial Worries?
Job Stress? Health Issues?*

Everyone faces challenges
from time to time...

But you don't have to face them alone!

GET HELP NOW!
Call: 315-733-1726



-  100% FREE
-  CONFIDENTIAL
-  NOT TIED TO INSURANCE

Provided to all staff as a free benefit of your employment and available on your first day

CFLR Employee Assistance Program
Call: 315-733-1726
E-mail: eap@cflrinc.org
whenthereshelpthereshope.com

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